**EVALUATION OF LOWER EXTREMITY ATHETOSIS**

**Name:**

**Date of Birth:**

**Country:**

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| --- | --- |
| **DIS Scale - Duration** | |
| **Grade** | **Description** |
| 0 | Athetosis is absent |
| 1 | Athetosis is occasionally present (10%) |
| 2 | Athetosis is frequently present (≥10 ≤50%) |
| 3 | Athetosis is mostly present ( ≥50 ≤90%) |
| 4 | Athetosis is always present ( ≥90% ) |

|  |  |
| --- | --- |
| **DIS Scale - Amplitude** | |
| **Grade** | **Description** |
| 0 | Athetosis is absent |
| 1 | Athetosis in small range of motion (10%) |
| 2 | Athetosis in moderate range of motion (≥10≤50%) |
| 3 | Athetosis in submaximal range of motion (≥50≤90%) |
| 4 | Athetosis in maximal range of motion (≥90%) |

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| --- | --- | --- |
| **Sitting – Proximal Control** | **Result** | |
|  | **Left** | **Right** |
| Sitting, facing a wall on which a target has been fixed, the athlete extends one leg to place the foot on the target, returns the heel to the chair and repeats this movement 5 times. | | |
|  | Duration: /4  Amplitude: /4 | Duration: /4  Amplitude: /4 |
| **Sitting – Distal Control** | **Result** | |
|  | **Left** | **Right** |
| Sitting, facing the wall the athlete plantarflexes one ankle to touch the target, dorsiflexes to lift the toes off the target and repeats the movement 5 times. | | |
|  | Duration: /4  Amplitude: /4 | Duration: /4  Amplitude: /4 |

|  |  |  |
| --- | --- | --- |
| **Sitting – Natural Position** | **Result** | |
| Standing in natural position, arms crossed over chest, the athlete stays in position for 10 seconds. | | |
|  | | Duration: 3 /4  Amplitude: 3 /4 |

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| --- | --- | --- | --- |
| **Standing- Feet together** | | **Result** | |
| Standing feet together, arms crossed over chest, the athlete stays in position for 10 seconds. | | | |
|  | | Duration: 3 /4  Amplitude: 2 /4 | |

Date:

Medical Practitioner name and title:

Medical Practitioner signature: